



NFDS Newsletter No 14 Summer 2013

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Access Travellers' Trophy event report – on 5th June 2013

We were blessed with some wonderful sailing weather this year, sun and wind together wow! Everyone was on the water within 20 minutes that must be a record for being able to hoist and get people comfortable in their boats, ready for sailing.

About 20 boats were on the water, the biggest fleet were the 303s either double or single handed. NFDS put on a good fight with the Libertys of Tom & Vince coming 2nd and 3rd and gave David Durlston from Whitefriars, who is top of the leader board, a run for his money. Tom had only sailed his boat in one practice this year so that was a very good result considering that his main sail got stuck on certain legs.

2.3s- 1st Lindsey Burns & 2nd Christine David, both from Frensham.
303 doubles, 1st Peter & Peta Etherton, Frensham, 2nd Andy Sheath & Kate Lintott, Frensham, 3rd Leslie Phillip & Hugh Lansdowne from Tideway.

NFDS tried hard to stop Frensham in the single 303s but they are a hard team to beat it seems, with 1st Tessa Watkins, 2nd James Woosnam, 3rd Monique Foster, a clean



sweep, they just dominated the proceedings leaving us all trailing behind by the first mark.

Even after all the practice we have done, the starts never go to plan with the other boats getting in the way, or taking my wind – most inconsiderate of them!

Thank you everyone for a wonderful team that made our day even more enjoyable.

Jenny's version

This is the link to an article on the event in Yachts & Yachting:

<http://www.yachtsandyachting.com/news/170084/Access-Class-TT-at-New-Forest-Sailability>

Link for Gino's & Bob Webb's photos on the web site.

Do have a look as some are very good, maybe a training session on looking at photos and sailing techniques?

Joke for Sailing newsletter - (Tongue in cheek)

After being married for 50 years, I took a careful look at my wife one day and said, "Fifty years ago we had a cheap house, a junk car, slept on a sofa bed and watched a 10-inch black and white TV, but I got to sleep every night with a hot 23-year-old girl.

Now ... I have a £250,000 home, a £45,000 car, a nice big bed and a large screen TV, but I'm sleeping with a 73-year-old woman. It seems to me that you're not holding up your side of things."

My wife is a very reasonable woman. She told me to go out and find a hot 23-year-old girl and she would make sure that I would once again be living in a cheap house, driving a junk car, sleeping on a sofa bed and watching a 10-inch black and white TV.

Aren't older women great? They really know how to solve an old guy's problems!

If you have a joke suitable for a chuckle send it to me.

Sailing Tips:

1. When going about in lighter airs, keep the jib backed to help the bow through the wind. But don't hold it too long!
2. When preparing to jibe, sheet the main sail in to the centre of the boat (**not cleated**) then control the easing out once the wind is across the centre line astern.

From Richard Savill

Naval History: Reply from Spike on previous query

- 1. Port/Starboard.** An apocryphal tale but may help the memory - There were no "Equal Opportunities" in Biblical times and ships were not made for Left-handed people (there was some stigma to being a Lefty, especially in the Catholic Church - the Roman word for Left is "sinister"). Ship steering was performed with a steering oar that was rigged over the Right side of the stern for easiest use by Right-handed steersmen and so became the "Steering Board side". When going alongside, the valuable/essential steering mechanism had to be protected and was therefore kept on the outside of the berth; the other side was therefore the Port side. Those who embellish this tale may add that it all started in Egypt and they were alongside in Port Said!!
- 2. Sheets.** Just to confuse the issue, "Sheets" can also refer to an 'area' within a boat/ship. One often hears the term "sitting in the Stern sheets" - probably a grating in that area used as a bench seat.
- 3. "Knots" and the "Log"** The measure of boat speed was literally a log, tossed over the side. The log stayed virtually static on the water surface and a line attached to it was payed out while watching a sand glass timer. The line had equally-spaced knots that were counted as they passed through the hand. At the end of time, the count was noted and line hauled back in. "Hauling the Log" was quite a hard task at speed and that is yet another, now rarely heard, Naval expression for any difficult job that had found its way into the language.

The NFDS Race Team coaching by Marcus

Take place every Tuesday 4 to 6.00 pm after normal sailing.

Competent new volunteers or sailors are welcome to join us. Not on 2-7-13

Improvers coaching by Maurice

Maurice is running this group same time as above 4 – 6 pm.

Challenging the worlds best sailors

I thought that you might be interested in this article, Andrew used to sail with us last year. We wish Andrew all the best in his quest to race against the world best sailors.

The Western Gazette – Feb 2013

Andrew Farrow will compete against disabled and able-bodied sailors. Devizes resident Andrew Farrow is taking part in the open world sailing championships in September despite being paralysed from the waist down.

Mr Farrow, 47, from Festival Close, sustained a spinal cord injury after falling from a tree in 2006 and has been wheelchair- bound ever since.

But a grant from the Salisbury-based Southern Spinal Injuries Trust has enabled him to buy his own sailing boat and enter the world championships in Poole, where he will be up against both disabled and able-bodied sailors from all over the world.

Mr Farrow, who formerly owned and ran The Toy Tree in Old Swan Yard, said: "If I was running I would be up against Jonny Peacock and Usain Bolt. I know I won't win but I want to train enough not to come last or crash into anyone."

The grant from SSIT has allowed the father-of-two to buy his own 2.4 Metre sailing boat, which needs no alterations to be sailed by a disabled person. He said: "Because you sit very deep in the boat, you don't have to move around in the same way you would in a more traditional design. You can control the boat from one position and it has a heavy lead keel which means it can't capsize.

"Most boats designed for disabled sailors are a bit clunky but the 2.4 Metre is a beautiful boat. "Sailing is one of the few sports that disabled people can take part in alongside able-bodied people. It's opened up a whole new world for me."

Mr Farrow is following in the wake of his illustrious grandfather, Major General Ralph Farrant, who took part in the Helsinki Olympics of 1952 and was chairman of the Royal National Lifeboat Institution. Charity fundraiser Mr Farrow said: "He used to sail out of Poole in a catamaran he designed himself."

The World 2.4 Championships are being held at Poole 6th to 9th September, 2013.

For those that do not know:

Welfare officers: Chris Duncan - Tuesday; Gino Manzi - Friday

Events

2 July – Water Fest day – Naming of Gannett/Forest Journal, opening of the shed and Sainsbury’s challenge, where they bring staff to take part in a race between our sailors.

15 July. Monday, Access TT event, volunteers needed, towing and another pair of hands would be very useful.

5 Sept Southern Region Regatta at SWAC (Southampton Water Activities Centre) Organised by Ali Gunn, RYA Sailability Regional Organiser. Boats available: Access dinghies, Sonar, Stratos, Wayfarer

21 September Ringwood Carnival procession –the candle light evening one. Volunteers welcome to join in.

Word Search

B	U	T	B	U	R	G	E	E	R	U	SHEET	BOAT
O	S	L	S	K	R	E	G	G	A	D	FOOT	UPWIND
S	A	L	E	T	I	J	L	O	R	D	SAIL	DOWNWIND
M	I	E	N	B	T	I	L	L	E	R	TELL TAILS	MAST
M	L	K	D	S	L	B	O	A	D	T	OUTHHAUL	JIB
A	I	B	I	W	L	O	B	R	D	S	BOOM	REACH
I	F	O	W	L	U	A	H	T	U	O	RUDDER	MAIN
N	H	O	D	I	H	T	U	P	R	A	HULL	BEAT
I	J	M	O	F	O	O	T	R	E	R	KEEL	TILLER
C	L	E	W	E	T	S	T	E	W	I	CLEET	LEACH
O	E	B	N	J	R	E	A	C	H	N	BURGEE	HORSE
H	A	R	W	A	E	M	E	T	O	D	CLEW	HOIST
L	C	U	I	C	H	A	B	H	R	N	LIFEJACKET	SHIP
E	H	G	N	K	S	H	I	P	S	I	DAGGER BOARD	OAR
E	U	T	D	E	C	L	I	H	E	W		
C	L	E	E	T	S	A	M	S	H	P		
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Find the words listed horizontal, vertical, or diagonal