

To use with NFDS Video – Assisting Returning Boat

1

Assisting a returning boat



2

- Skipper, or volunteer, raises arm to indicate returning



3

- Ensure hands, arms inside boat



4

- Attach stern line first
 - Once around cleat
 - Figure of eight
 - Finish with locking hitch
- Then, attach fore line



5

- Tidy stern and fore lines
 - to prevent accidents

